



A Note from the School Nurse

Dear Woodbridge Families:

We are looking forward to being back on campus together very soon. Our entire staff has been working diligently to implement measures that allow us to not only bring students and staff back safely, but to *keep* students and staff back in school safely. I hope that you will partner with us in our efforts for a safe return.

Daily Home Screening

Please ensure that you go through the attached symptoms screener with your student every day, prior to leaving home for school. If any symptoms are present or there has been an exposure to COVID-19, we are counting on you to keep your student home from school. Please call the **attendance line at 949-936-7801** to report the absence and have your student inform their teachers that they are staying home due to illness.

Preparing for the School Day

Please remind your student to bring a mask to school daily and feel free to have them bring more than one, so there is always a back-up.

We also suggest that you have your student bring the following items to school daily for personal use:

- Hand sanitizer
- Tissues
- Disinfectant wipes
- School supplies
- Charged devices
 - Computer for school work
 - Cell phone that can be stored in a backpack
- Snacks
- Refillable water bottle

Medication on Campus

If your student takes medication daily, we are asking that those medications be administered at home whenever possible to limit the number of students coming in contact with each other in the health office. If it is absolutely necessary for a medication to be given at school or your student needs to carry medication while on campus, please sign and date the attached **Request for Medication Administration form**, have the physician complete the bottom portion of the form and then return it to me via email or fax. If we will need to keep medication on the school campus, please call me to arrange a drop off time. This is again, in an effort to keep everyone safe by limiting visitors to our campus.

Illness on Campus

If your student becomes ill on campus, it will be necessary to send them home immediately to limit exposure to other students and staff. In years prior, we may have determined that a student could rest in the health office and then go back to class with minor symptoms, however, this year we are taking extra measures to slow the spread of any possible illness. We ask that parents pick up students **immediately** after notification that your student is ill. In the event that a parent or guardian is not able to pick up their student within a short period of time for reasons such as working a significant distance away from the school, we recommend that you create backup plan, so that a designated adult is able to pick the student up in a timely manner.

Students with symptoms of illness will be waiting for parent pick up in a designated area away from non-ill students. In this case, ill students will be cared for in the S1 portable classroom, located at the back of the school. Since there may be other ill students awaiting the arrival of parents in the same room, a prompt pickup will limit unnecessary exposure to both students and staff. We ask that, when picking up an ill child from school, please pull into the designated parking space at the back of the school (past the pool area), call the staff in the S1 portable at 949-936-7904 when you arrive, and wait in the car while your ill student is escorted out to you.

Any student that sustains an injury while on the school campus will be treated in the health office, located in the Administration Building. If you are called to pick up your student for this reason, please pull up to the front of the school, call the health office at 949-936-7829 and a staff member will escort your student out to you.

Please also take time to review the attached Illness Notification Letter that spells out the Orange County Health Care Agency Guidelines, which we will be following in determining when your student is cleared to return to the school campus. We realize that these measures may seem extreme but these are the guidelines established by local health authorities to mitigate the spread of illness in our community.

Persons with COVID-19

If your student or a member of your household is determined to be positive for COVID-19 or is awaiting test results, please notify me as soon as possible. Prompt notification will allow us to partner with local health agency to ensure all proper guidelines are followed. Confidentiality will always be a priority and private information will never be shared with others. With that in mind, please help us ensure that unnecessary rumors are not spread about students or family members suspected of having COVID-19. If there are any concerns, please contact me directly at 949-936-7827 or via email at lindamirshafiee@iusd.org.

Illness Prevention

We have implemented many measures to ensure that students and staff have the resources they need to stay healthy including:

- Increased access to hand washing and sanitizing
- Required cloth face covering or disposable face mask while on campus (be sure to send your student with an extra, as well as a bag for proper storage when mask is not in use)
- Physical distancing in the classroom and in common areas
- Increased air filtration in indoor spaces

We ask that students not spend unnecessary time on campus before and after school and that they adhere to physical distancing in common areas such as walkways, hallways and restrooms. As in years past, the school campus will remain closed to parents and guests. Any parent coming onto campus will need to check in at the window at the Administration Building. You will be asked to wear a face covering and adhere to physical distancing when coming onto campus for any reason.

We realize that this year is going to look different in many ways but there is one thing that will never change; our dedication to our students and our school community. We are confident that we will have a very successful school year. Welcome back, Warriors!

Linda Mirshafiee, MSN, RN, Woodbridge High School Nurse

Nurse Line: 949-936-7827

Health Office: 949-936-7829

Fax: 949-936-7809

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