

### Save the Date!

# Upcoming 2019-2020 Parent and Student Workshops/Events

The Woodbridge High School Counseling Department welcomes you to the 2019-2020 school year! Our mission is to help every student acquire a sense of social emotional, academic, and college and career empowerment in order for them to reach their fullest educational potential and successfully manage their lives as healthy, responsible, competent, and productive citizens who respect themselves and others. We hope you and your students find these upcoming programs and resources valuable!

<u>August 12 – 15 Re-Registration</u>: All students should attend re registration at WHS in order to make any necessary changes to course selections (see below), get a photo ID, textbooks, and purchase any optional items such as ASB card or planner. More information about specific re-registration dates and procedures will be emailed to you in July.

#### **Important Course Scheduling Notes for the 2019-2020 school year:**

Due to limited space in electives, students will be unable to change electives based on preference once the school year has begun. If students would like to change the elective(s) they selected during registration last Spring, they <u>must</u> meet with a counselor in the media center during re-registration. **Elective changes based on preference will not be honored once the school year resumes on August 22**<sup>nd</sup>

Below are some additional reasons students may need to meet with a counselor during re-registration in August:

- They already took a class listed on their schedule
- They have an open period in the middle of the school day all students must have 3,4,5 & 6 period classes.
- They are missing a graduation required class appropriate for their grade level (example: I am a senior and I need Economics)
- They have too many or too few classes on their schedule (Grades 9-11 must take six classes, Grade 12 must take 5 classes)
- They have 2 of the same class on their schedule
- They are in the wrong level (example: I am in Honors English and should be in CP English): Note: a parent and/or teacher signature may be required to make a course level change.
- They would like to add a class not listed on the schedule (a schedule change form may be required)

Please note that WHS cannot accommodate requests for specific teachers or a specific order of classes.

Following Re-Registration, final schedules that include specific class periods and assigned teachers will be available to view and print from home on Aeries / Parent Portal on the morning of August 22, 2019.

## **Senior Programs**

#### September 3 – November 26 (Tuesdays during Tutorial)

**Private/Out of State College Recommendation Workshops** – Students will receive information from counselors on navigating the recommendation process required for many private and out of state colleges. Information will include how to obtain letters of recommendation and send transcripts.

\*\*This workshop is <u>required</u> for students requesting letters of recommendations and/or secondary school reports required by some private, out of state, and <u>all</u> Common Application affiliated universities. Students <u>must</u> attend one of these workshops <u>at least 3 weeks prior to their first deadline</u>!

\*\*The September 3 and September 10 workshops will be held in the theater and are reserved and required for seniors requesting Letters of Recommendation for October 15 and November 1 college application deadlines only. Workshops from September 17<sup>th</sup> through November 26<sup>th</sup> will be held in the counseling office. Students are only required to attend one workshop; the content is the same for all presentations.

December 2- Last Day to Request a Letter of Recommendation or "school report" from counselors.

#### September 18 or 19 (depending upon course period enrollment)

**12**<sup>th</sup> **Grade Classroom Workshops** – This workshop will include graduation and college planning information. All seniors will participate in this workshop during their regularly scheduled Political Science and Economics classes.

#### September 23 (7:45am-9:45am, Theater)

**12**<sup>th</sup> **Grade Parent Workshop**- This workshop will begin with a general overview of graduation and college requirements. Following the general presentation, a variety of break-out sessions will be held exploring the following areas: UC/CSU specific requirements and application process, Private and Out of State University requirements including Common Application information, and community college information and application process.

#### September 25 (6:00pm-8:00pm, Theater)

**Financial Aid Information and CSS Profile Workshop**- This workshop will include information regarding the Free Application for Federal Student Aid (FAFSA), the process to apply, and deadlines. The FAFSA is the single most important financial aid form filed by students and families for college, (including community college), and vocational schools. The CSS Profile is an online application required by some private universities and scholarship programs to award institutional aid funds.

#### February 13 (Lunch, 5<sup>th</sup> Period, Tutorial, Media Center)

**Specialty College and Career Fair**- Students will be able to visit with community college and specialty college representatives (i.e. culinary art schools, trade schools, art, cosmetology etc.) Local employers will also be taking applications for jobs on site during the fair. **Please contact the College and Career Center Coordinator to sign-up for this event.** 

# Junior Programs

#### October 16 (through homeroom)

**PSAT/NMSQT**- Students in 11th grade will take the **PSAT/NMSQT** to measure readiness for college, access scholarships, and practice for the SAT. This exam will occur during the school day. Irvine Unified School District will be covering all costs related to this exam and it will be free of charge to students. Parents/students do not need to pre-register.

#### March 16 (8:30-10:30, Theater)

11<sup>th</sup> Grade Parent Workshop- This workshop will introduce families to a general overview of graduation and college requirements including information on college admission and placement testing, UC and CSU specific requirements, Private and Out of State University requirements, Community College information, researching and selecting "good fit" colleges and universities, and Career Pathways.

#### February 13 (Lunch, 5<sup>th</sup> Period, Tutorial, Media Center)

Specialty College and Career Fair- See description under "Senior Programs."

#### March 11 or 12 (depending upon course period enrollment)

**11**<sup>th</sup> **Grade Classroom Workshop** –Students will be introduced to college planning and application timelines, college and career planning tools, complete a Career Interest Inventory, and review their academic records. All juniors will participate in this workshop through their regularly scheduled US History classes.

#### May 21 (6:00pm-9:00pm, Staff Lounge & Media Center)

**Out of State College Fair** The Regional Admission Counselors of California (RACC) is a group comprised of college admission professionals who represent colleges and universities outside the state of California who will provide information on educational opportunities out of state to WHS families. Breakout sessions providing additional information on the college application process will also occur at this informative event. Don't miss it!

# **Sophomore Programs**

#### October 16

**Pre ACT**- Students in 10th grade will take the Pre ACT. This practice exam simulates the ACT testing experience within a shorter test window on all four ACT test subjects: English, math, reading and science. Results help predict future success on the ACT test, and provide both current achievement and projected future ACT test scores on the familiar 1-36 ACT score scale. Irvine Unified School District will be covering all costs related to this exam and it will be free of charge to students. Parents/students do not need to pre-register.

#### October 15 (8:30am-10:00am, WHS Theater)

10<sup>th</sup> Grade Parent Workshop-Topics to include high school graduation, college and career planning.

#### **October through June**

**High School Planning Conference**- Academic, college, and career planning conferences for all 10<sup>th</sup> grade students and parents. A student specific academic high school plan will be created. (Parents will be notified with information about how to select a date/time for the conference via email. Please ensure your email in parent portal is accurate)

#### February 13 (Lunch, 5<sup>th</sup> Period, Tutorial, Media Center)

Specialty College and Career Fair- See description under "Senior Programs."

## **Freshman Programs**

#### October 16 (through homeroom)

**PSAT 8/9-** The PSAT 8/9 is the first test in the SAT Suite of Assessments. Tightly aligned with SAT and PSAT/NMSQT, it establishes a baseline for college and career readiness. The PSAT 8/9 supports all students with early feedback on the skills and knowledge that matter most for college and career success. Additionally, the PSAT 8/9 gives each student personalized feedback about his/her academic strengths and weaknesses, helping each student to prepare for success in college and careers. This exam will occur during the school day. Irvine Unified School District will be covering all costs related to this exam and it will be free of charge to students. Parents/students do not need to pre-register.

#### February 5 (8:30am-10:00am, WHS Theater)

**9**<sup>th</sup> **Grade Parent Workshop**-Topics to include detailed information regarding high school graduation, college, and career planning.

#### February 13 (Lunch, 5<sup>th</sup> Period, Tutorial, Media Center)

Specialty College and Career Fair- See description under "Senior Programs."

<u>February 20 or 21 (depending upon course period enrollment)</u> 9<sup>th</sup> Grade Student Workshop - Topics to include college/career guidance and transcript review. Attendance for all students will occur through English classes.

## **Additional Programs and Services**

**College Representative Visits-** Junior and Senior students will be able to visit with admissions and outreach representatives from many diverse colleges and universities throughout the year. Come to learn more about a university that is already on your list or find a new post-high school option! Specific dates and time for college representative visits will be available through Naviance and in the College and Career Center.

**Project Success**- Students involved in Project Success will be provided with opportunities to participate in a variety of activities including: individual and small group counseling, peer leadership, community service, informal mentoring, and other activities, based on student need. These activities are designed to improve students' self-esteem, healthy behaviors, attendance, organizational and social skills. For more information, please contact the Project Success Counselor.

Career Café (Select Thursdays-Dates: 9/26, 10/24, 11/21, 12/12, 2/20, 4/23, Tutorial, Staff Lounge)-Students have the opportunity to interact with industry representatives from a variety of occupational areas. Refreshments will be served.

Tranquil Tuesdays— Students will have the opportunity to participate in a yoga / Tai Chi program designed to relieve stress. Yoga will take place during tutorial on September 10<sup>th</sup>, November 12<sup>th</sup> March 10<sup>th</sup>. Tai Chi will take place during tutorial on October 8<sup>th</sup>, December 10th, February 11<sup>th</sup>, and April 14<sup>th</sup>.

Wellness Wednesdays (Dates: 9/18, 11/13, 1/8 and 3/11 During tutorial, Location TBD)- Students have the opportunity to learn about mental health and wellness through these interactive (and fun) workshops hosted by our Wellness Coordinator. Topics include physical, social, emotional, intellectual, and general wellness. For more information, please contact the Wellness Coordinator.

#### September 11 (5:30pm-6:30pm, Theater)

**Back to School Night**- Prior to visiting their student's classrooms, BTSN families can listen to a brief introduction to the WHS counseling staff and programs and an overview of some new academic support and tutorial scheduling options available to students including "Grade Slam" and "Teach More".

#### November 4 (Lunch, Main Quad)

**Military Day**-Military reps from the six branches of service (Air Force, Marines, Army, Navy, Coast Guard, National Guard) will be on campus during lunch in the quad to talk with students about opportunities for education, career training, and more. The military staff will have interactive games and activities to share with students. For more information, please contact the College and Career Center Coordinator.

#### November 14 and March 19 (Lunch, Media Center)

How to Get a Seasonal Job Workshop (11/14) & Interview Tips and Strategies Workshop (3/19) - Students, looking for a job? Don't know where to begin? The WHS Counseling Department, in collaboration with ROP, and the City of Irvine Youth Employment Services will be offering these workshops to address topics such as: Resume Writing tips and using the resume tool in Naviance, tips and tricks for completing a job application, a review of sample job applications, how to exhibit professionalism before, during, and after the interview, critical skills necessary to maintain a job, and how to obtain a work permit. For more information, please contact the ROP Coordinator

#### February 25 (6:00pm-7:30pm, Large Gym)

**AP/Honors Night-** In an effort to help WHS families make the most informed decision about course selection for the coming school year, the WHS Counseling Department in collaboration with each academic department will be hosting an AP/Honors Information Night. Topics will include the benefits of pursuing AP and honors courses, AP/Honors course offerings at WHS, expectations for AP/Honors classes, and making informed course selections. Regional Occupational

Program (ROP), Career Technical Education (CTE), and Dual Enrollment options as they pertain to post-secondary preparation and college and career readiness will also be covered. Representatives from ROP, CTE, Irvine Valley College and WHS academic departments will be available to answer questions.

#### March 16 (6:00pm-8:00pm, Portola High School)

**IUSD College and Career Fair** – Join all IUSD students in an opportunity to engage with college admissions and outreach representatives, learn about career and technical education options, and participate in an evening of activity and information. Please note the location (Portola High School) and plan to arrive early for parking.

#### March 26 (1:15-3:25, Staff Lounge)

**Job Fair-** Students attending this event will sharpen their job seeking skills as they meet potential employers and learn what they are looking for in an employee. Make sure to dress for success as you may be offered a job on the spot! It is recommended that students participate in the "Interview Tips and Strategies" Workshop on March 19<sup>th</sup> (see above) to prepare for this event.

As a reminder, WHS counselors are here to help you and your family with

- College Planning
- Academic Questions/Concerns
- Social/Emotional Support
- Referrals and Resources

For new and updated information regarding WHS Counseling programs and resources, please visit:

<u>Woodbridgehigh.iusd.org</u>

and click on the counseling link at the top of the page

**Counseling Office Phone Number: (949) 936-7816** 

## Registration process, dates, and information for 2020-2021 school year.

Current Grade	2020/2021 Registration Materials Distributed	Counselors available to students during lunch for schedule questions	"Discovery Days" tutorial sessions* (see below)	2020/2021 Course Enrollment with Counseling Staff
9 <sup>th</sup> Grade	February 20, 21 through English 1, H. English 1, and Directed English 1 classroom workshops	February 24, 25, 26	February 25, 26	February 27, 28 and March 2, 3 during Living Earth, Honors Living Earth, Directed 9 <sup>th</sup> gr. Science classes
10th Grade	April 17 through Homeroom	April 20, 21	April 21, 22, 23	April 28, 29, 30 during Chemistry, H. Chemistry, Directed 10 <sup>th</sup> gr. Science classes.
11th Grade	March 11, 12 during US History, AP US History, and Directed US History classroom workshops	March 13, 16, 17	March 17, 18, 19	March 23, 24, 25, 26 during American Lit, H. Amer. Lit, and Directed 11 <sup>th</sup> grade English classes

- 1. Course specific homework expectations including a general idea of the amount of time required to complete homework and prepare for class.
- 2. Prerequisite skills necessary to be successful in the AP/Honors/New course
- 3. Support and resources available for students who may need additional assistance to be successful
- 4. Any additional information regarding course expectations/requirements

<sup>\*</sup>Discovery Days tutorial sessions provide an opportunity for current 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> grade students to learn about a variety of AP/Honors/New courses available during the course registration process. Attendance at each session is first come, first served (no pre-registration required). If students are curious about a particular course, wondering if they can fit all of their desired courses into their daily schedule, or unsure about the demands of a particular course, then attending Discovery Days sessions will be of assistance. The classroom teachers conducting each tutorial session will discuss: